

NSAA ATHLETICS



Creating Global Citizens

PARENT/STUDENT HANDBOOK

NOTICE TO ATHLETES AND PARENTS/GUARDIANS

INFORMED CONSENT SHEET FOR ALL SPORTS OTHER THAN FOOTBALL

WARNING TO STUDENT AND PARENT

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION

By its very nature, competitive athletics may put students in situations in which SERIOUS, CATASTROPHIC and perhaps FATAL accidents may occur.

Many forms of athletic competition result in violent physical contact among players, the use of equipment, which may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury.

Students and parent must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; athletic participation by Middle School students also may be inherently dangerous. There have been accidents resulting in death, paraplegia, quadriplegia and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your son/daughter to participate in athletic competition, you, the parent/guardian, acknowledge that such risk exists.

Students will be instructed in proper techniques to use athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must refrain from improper use and techniques.

If any of the foregoing is not completely understood, please contact the Athletic Director for further information. He can be reached by calling 909-386-2300 or by visiting him or her in their Class before or after school hours.

(Text only – Signature required in Athletic Packet)

BEFORE A STUDENT MAY TRYOUT OR PARTICIPATE ON AN ATHLETIC TEAM, THE “ATHLETIC PACKET” MUST BE COMPLETED AND TURNED IN TO THE ATHLETIC OFFICE. STUDENTS MUST HAVE A PHYSICAL EVALUATION, WITH THE PROPER PAPERWORK COMPLETED BY A PHYSICIAN, PRIOR TO TRYING OUT FOR ANY SPORT. NO EXCEPTIONS!

PHILOSOPHY

The philosophy of Norton Space & Aeronautic Academy Athletic Department is to pursue victory through Courage, Generosity and Honor. Our goals are to teach student athletes how to work together in knowledge and ability and to show students that physical activities are a vital part of a balanced lifestyle.

GOALS

- To foster an interest and enjoyment of physical activity, providing wholesome alternatives in the use of leisure time, building motor skills, and developing the student's physical capacities in the areas of strength, flexibility, and cardiovascular fitness.
- To develop an understanding of how the body works and motivate students toward the maintenance of health, both mental and physical.
- To provide opportunities to develop proper attitudes toward winning and losing and competing along with teammates toward a common goal.
- To encourage development of character qualities, including self-control, responsibility, accountability, and learning by setting and realizing goals.
- To foster a healthy and realistic self-concept through physical activity in interscholastic sports.
- To provide necessary instruction in fitness and sport that will encourage success as students move on in life.
- To promote school spirit and sense of pride among students.

ACADEMICS

Playing interscholastic athletics is a privilege, and will never be given priority over academic activities. Students, therefore, are responsible for maintaining a high standard of academic performance while participating in the NSAA's athletic program.

- Students will be evaluated for athletic eligibility at the conclusion of each grading period to determine if they have maintained the grade requirements.
- A student is scholastically eligible if:
 - The student has maintained, during the previous grading period, a minimum 2.0 grade point average on a 4.0 scale in all enrolled courses.
- These academic eligibility requirements apply to all athletes regardless of grade level.
- Students will be allowed to miss practices for academic tutoring or other mandatory appointments of an academic nature, provided such appointments are pre-arranged with coaches and/or Athletic Director.
- Students must attend their scheduled classes in order to participate in an athletic event. Special circumstances (i.e. doctor's appointments, dentist appointments) will be reviewed by the athletic department in order to grant permission to play. Students who are absent for the entire day without a valid excuse will not be allowed to participate in that day's practice or game. If the coach is not aware of the unexcused absence and the student participates in that day's practice or game, the student will not be allowed to participate in the next regularly scheduled game.

EQUIPMENT/UNIFORMS

- All students are responsible for equipment and uniforms issued to them and must replace any equipment or uniforms damaged in a manner other than normal wear or damage caused by normal play.
- All students must turn in all school-owned equipment in a timely manner.
- If equipment or uniforms are not turned in when required, the following steps will take place:
 - 1st will be given a written reminder
 - 2nd will result in a verbal reminder
 - 3rd will result in a discipline referral sent to the Administration and will result in restrictions from ALL extracurricular activities (i.e. dances, field trips, etc.) and participation from any other sports teams. Upon receipt of the uniform/equipment the restrictions will be lifted.

ATHLETE'S CODE OF ETHICS **(Text only – Signature required in Athletic Packet)**

Athletics is an integral part of the school's total educational program. All school activities, curricular and extra-curricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social and moral development of its students. It is within this context that the following Code of Ethics is presented.

As an athlete, I understand that it is my responsibility to:

1. Place academic achievement as the highest priority.
2. Show respect for teammates, opponents, officials and coaches.
3. Respect the integrity and judgment of the game officials.
4. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
5. Maintain a high level of safety awareness.
6. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
7. Adhere to the established rules and standards of the game to be played.
8. Respect all equipment and use it safely and appropriately.
9. Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
10. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation.
11. Win with character, lose with dignity.

DISCIPLINE

- All students participating in the Academy for Norton Space & Aeronautic Academy Program are expected to maintain conduct in accordance with the Parent/Student Handbook, while representing the school, at home and away contests (games), and while traveling.
- Suspensions are to be served on the day scheduled and students may not participate in any athletic practices or events that day.
- Ultimate authority regarding discipline issues lies with the administrators of the Norton Space & Aeronautic Academy
- Additional penalties may be imposed by the Athletic Director.

PARTICIPATION

- Participation in the NSAA's Athletic Program is defined as "being an active, eligible member of one of the many teams that are sponsored by the NSAA". There are no guarantees as to actual playing time, or number of games played.
- It is expected that a student attend all practices and games. If a student attends school on a given day, he/she is expected to attend practice on that day, if one is scheduled.
- Excused absences include illness, medical or dental appointments, vacation, academic tutoring, or other valid reasons that the NSAA deems "excused".
- ***Students and parents are encouraged to schedule vacations, medical appointments, etc. at times that will not conflict with the athletic schedules or classes.***
- A student must be in attendance at school for at least 4 periods or they may not participate in practice/game on that day.
- Unexcused absences will result in loss of playing time as determined by the coach of the team, and recurring unexcused absences may ultimately lead to dismissal from the team.

TRANSPORTATION

- The majority of the time the NSAA will be providing transportation to Athletic competitions. We require that all the Athletes will ride the School Provided Transportation to and from the Athletic event. Athletes must ride the School Provided Transportation accordingly, One team at the back of the bus and another team at the front of the bus (ex: boys team at the back and girls team at the front).
- If there are circumstances that a child has to ride home from an Athletic event they must fill out a form (from the Athletic Office) **a day prior** to the game.

If by chance we do need parents to transport athletes to athletic events, they must follow these guidelines:

- Be a minimum of 25 years old
- Show proof of insurance (\$100,00/\$300,000)
- Follow all applicable vehicle laws including seat belt laws
- Obtain volunteer DOJ fingerprint clearance
- Not have any felony driving convictions
- Turn in an accurate and complete Off-Site Form (can be obtained from the School Office) to the CDO in the Kiosk prior to leaving NSAA

If these procedures are not followed, the Administration will forfeit that game. It is vitally important that we protect the safety of our students.

OFF-SITE EVENT/ATTENDANCE FORM

The NSAA **requires** the Off-Site Event/Attendance Form to be completed by each and every driver of students to an athletic event. This applies to drivers of their own children. This form enables the NSAA to know where each student is at all times. This information is necessary due to the fact that any number of incidents could arise where the NSAA and/or the student's parents, might need to get in touch with the athlete. In addition, if there is an accident, the NSAA can inform the authorities which students are in which cars, thereby speeding up the process for the authorities. A call can also be made to the parent of the student in that particular car without alarming all parents. If there are any delays, due to traffic, etc., where the athletes will be late returning to campus, the NSAA can inform the parents of the delay by knowing which vehicle their student is riding in and verifying the time of their arrival.

These forms will be given to each driver from the School Office. The Off-Site Event portion of the form is filled out prior to the driver arriving on campus. Then when the driver picks up the athletes, the Attendance side of the form will have the names and phone numbers of all athletes on the team, the driver can simply check off those athletes riding in their car and hand the form to the proctor at the gate prior to leaving campus.

This form is then given to the Attendance Office, verifying the athlete's attendance. It is then forwarded to the Principal who will take the forms home with him in the case of an emergency or delay.

These forms are required and are not optional.

VEHICLE RULES

- While in the vehicle passengers will wear seatbelt provided.
- The number of passengers shall not exceed the number of seatbelts provided.
- Passengers shall at all times conduct themselves in a manner that influences others in a positive way.
- Athletes may NOT drive other athletes regardless if notes are provided. The ONLY exception to this rule is for siblings to ride together.
- Drivers will at all times operate the vehicle in a lawful manner.
- Drivers will ensure that all passengers have a safe and secure place to sit.
- Drivers will refrain from using a cell phone or any other device that would be a distraction while driving the vehicle.

PARENT STUDENT ATHLETIC CONTRACT (Text Only – Signature required in Athletic Packet)

I hereby acknowledge receipt of the Athletic Handbook. I have read the contents of this packet and will accomplish the requested tasks. I believe in the ideals of sportsmanship and athletics described in the handbook and pledge myself to live up to its high standards to the best of my ability. As a parent I will support the school, coaches, officials, and athletes. I will conduct myself in a manner of courage, generosity, and honor. I pledge my time, my effort and my support, as I am able, to further the success of NSAA athletes.

RELEASE OF INFORMATION

Release of Specific Pupil Information/Directory Information (Text only – Signature required in Athletic Packet)

The students at the NSAA often have outstanding achievement in the areas of academics, athletics and activities. For these achievements we are very proud. Information and/or photographs or videos, such as, but not limited to, athletics, and other activities, are often requested by the media or other service organizations for publication.

Specifically, here at the NSAA, we will be creating a web page and would like to include team photos, game highlights and player spotlights. Student phone numbers and addresses would not be included.

Please sign where indicated on your Athletic Packet and return to the Athletic Director. This form is intended specifically for the Athletic Office.

CALIFORNIA EDUCATION CODE

SECTION 44811

(Text only – Signature required in Athletic Packet)

Before a student may tryout or participate on an athletic team, this form must be signed by the parent(s) indicating they have read and understand Section 44811 of the California Education Code. This form should be returned to the athletic office along with the parent consent form.

44811. Disruption of class work or extracurricular activities: punishment: exemptions
- (a) Any parent, guardian, or person whose conduct in a place where a school employee is required to be in the course of his or her duties materially disrupts class work or extracurricular activities or involves substantial disorder is guilty of a misdemeanor
 - (b) A violation of subdivision (a) shall be punished as follows:
 - (1) Upon the first conviction, by a fine of not less than five hundred dollars (\$500) and not more than one thousand dollars (\$1,000), or by imprisonment in a county jail for not more than one year, or by both fine and imprisonment.
 - (2) Upon a second conviction, by imprisonment in a county jail for a period of not less than 10 days, and not more than one year, or by both imprisonment and a fine not exceeding one thousand dollars (\$1,000). The defendant shall not be released on a probation or for any other basis until he or she has served not less than 10 days in a county jail.
 - (3) Upon third or subsequent conviction, by imprisonment in a county jail for a period of not less than 90 days, and not more than one year, or by both imprisonment and a fine not exceeding one thousand dollars (\$1,000). The defendant shall not be released on probation, or for any other basis, until he or she has served not less than 90 days in a county jail.
 - (4) Upon a showing of a good cause, the court may find that for any mandatory minimum imprisonment specified by paragraph (2) or (3) of this subdivision, the imprisonment shall not be imposed, and the court may grant probation, or the suspension of the execution of imposition of the sentence.

**PLEASE RETAIN THIS
PARENT/STUDENT HANDBOOK
FOR YOUR FUTURE REFERENCE.**