



November 2015



Breakfast

Nsaa/norton Campus

Monday	Tuesday	Wednesday	Thursday	Friday
November 2, 2015	November 3, 2015	November 4, 2015	November 5, 2015	November 6, 2015
CINNAMON TOAST CRUNCH Apple Breakfast Square Blended Fruit Juice Raisins Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN Diced Pears Grape Juice Choice of Milk	RICE CHEX Spiced Grahams Fresh Apple* Choice of Milk	WAFFLES Fresh Banana* Orange Juice Syrup Choice of Milk	STRAWBERRY BANANA YOGURT Blueberry Muffin Fresh Apple* Assorted Jelly Choice of Milk
November 9, 2015	November 10, 2015	November 11, 2015	November 12, 2015	November 13, 2015
CHEERIOS Cinnamon Sky Minis Raisins Grape Juice Choice of Milk	MAPLE PANCAKES Diced Peaches Orange Juice Choice of Milk	NO SCHOOL	BREAKFAST BURRITO Fresh Orange* Blended Fruit Juice Taco Sauce Choice of Milk	MINI WHEATS LITTLE BITES Animal Grahams Fresh Apple* Choice of Milk
November 16, 2015	November 17, 2015	November 18, 2015	November 19, 2015	November 20, 2015
RICE KRISPIES Strawberry Pancake Square Raisins Apple Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT Mixed Fruit Cup Blended Fruit Juice Choice of Milk	FROSTED FLAKES (LOW SUGAR) Animal Grahams Fresh Apple* Choice of Milk	WHOLE GRAIN PANCAKES Fresh Banana* Grape Juice Syrup Choice of Milk	STRAWBERRY BANANA YOGURT Blueberry Muffin Fresh Apple* Assorted Jelly Choice of Milk
November 23, 2015	November 24, 2015	November 25, 2015	November 26, 2015	November 27, 2015
FROOT LOOPS REDUCED SUGAR Spiced Grahams Grape Juice Raisins Choice of Milk	BREAKFAST TOASTED CHEESE ON WHOLE WHEAT BREAD Diced Peaches Orange Juice Choice of Milk	NO SCHOOL	THANKSGIVING	HOLIDAY - NO SCHOOL
November 30, 2015	December 1, 2015	December 2, 2015	December 3, 2015	December 4, 2015
CINNAMON TOAST CRUNCH Strawberry Breakfast Bar Blended Fruit Juice Raisins Choice of Milk				

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** USDA is an equal opportunity provider and employer.



What are you thankful for this Thanksgiving? Let us know by writing us at info@preferredmeals.com. Write 'Thankful' in the subject line and don't forget to include your name, grade, school and city. See the results on Facebook. Like the Preferred Meals page!





Nsaa/norton Campus

Monday	Tuesday	Wednesday	Thursday	Friday
November 2, 2015	November 3, 2015	November 4, 2015	November 5, 2015	November 6, 2015
PIZZA DIPPERS Marinara Dipping Sauce Garden Peas Blended Fruit Juice Choice of Milk	TACO TUESDAY** CHICKEN TACO Green Beans Diced Peaches Tortilla Chips Choice of Milk	CHEESEBURGER Hamburger Bun Maple Baked Beans Crunchy Celery Sticks Light Ranch Dressing Fresh Banana Mustard Ketchup Choice of Milk	CRISPY CHICKEN FILLET Hamburger Bun Whole Kernel Corn BBQ Sauce Strawberry Applesauce Choice of Milk	SAUSAGE PIZZA Romaine Salad Light Italian Dressing Fresh Pear* Choice of Milk
November 9, 2015	November 10, 2015	November 11, 2015	November 12, 2015	November 13, 2015
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE Garden Vegetables Applesauce Cup Choice of Milk	MEATBALLS W/ TOMATO SAUCE Hot Dog Bun Whole Kernel Corn Diced Peas Chocolate Chip Minis Choice of Milk	NO SCHOOL	POPCORN CHICKEN Golden Potato Rounds BBQ Sauce Ketchup Fresh Apple Slices Choice of Milk	CHEESE PIZZA Broccoli Florets Light Ranch Dressing Fresh Banana* Choice of Milk
November 16, 2015	November 17, 2015	November 18, 2015	November 19, 2015	November 20, 2015
FUN-DAY MONDAY!** MINI CORN DOGS & CHICKEN FUN MIX Golden Potato Rounds Orange Juice Mustard Ketchup Choice of Milk	MACARONI & CHEESE Country Blend Vegetables Strawberry Applesauce Choice of Milk	BEEF & CHEESE BURRITO Salsa Cup Refried Beans Fresh Banana Choice of Milk	HOLIDAY MEAL** TURKEY W/STUFFING GRAVY MASHED POTATOES Green Beans Fresh Pear* Vanilla Cookie Choice of Milk	*NEW ITEM* PEPPERONI PIZZA WRAP Romaine Salad Light Italian Dressing Diced Peaches Choice of Milk
November 23, 2015	November 24, 2015	November 25, 2015	November 26, 2015	November 27, 2015
CHICKEN TENDERS WITH POTATO WEDGES Garden Vegetables Diced Peas BBQ Sauce Ketchup Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun Green Beans Blended Fruit Juice Mustard Ketchup (2) Choice of Milk	NO SCHOOL	THANKSGIVING	HOLIDAY - NO SCHOOL
November 30, 2015	December 1, 2015	December 2, 2015	December 3, 2015	December 4, 2015
PIZZA DIPPERS Marinara Dipping Sauce Garden Peas Orange Sorbet 100% Juice Choice of Milk				

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** USDA is an equal opportunity provider and employer.

What dish do you look forward to most on Thanksgiving? Is it the turkey that you love? Or do you gobble up all the stuffing or sweet potatoes? Let us know by writing us at info@preferredmeals.com. Write "Thanksgiving Dish" in the subject-line and don't forget to include your name, grade, school and city. See the results on Facebook. Like the Preferred Meals page!

