



AUGUST 2015

Breakfast

Nsaa/norton Campus

Monday	Tuesday	Wednesday	Thursday	Friday
August 3, 2015 FROSTED FLAKES (LOW SUGAR) Animal Grahams Apple Juice Raisins Choice of Milk	August 4, 2015 WAFFLES Orange Juice Pineapple Tidbits Syrup Choice of Milk	August 5, 2015 APPLE JACKS REDUCED SUGAR Graham Crackers Blended Fruit Juice Fresh Plum Choice of Milk	August 6, 2015 EGG & CHEESE SLIDER Apple Cherry Juice Fresh Peach Ketchup Choice of Milk	August 7, 2015 MOZZARELLA STRING CHEESE Apple Muffin Grape Juice Fresh Banana Assorted Jelly Choice of Milk
August 10, 2015 FROOT LOOPS REDUCED SUGAR Apple Breakfast Square Blended Fruit Juice Raisins Choice of Milk	August 11, 2015 BREAKFAST BURRITO Grape Juice Diced Peaches Taco Sauce Choice of Milk	August 12, 2015 STRAWBERRY BANANA YOGURT Blueberry Muffin Apple Cherry Juice Fresh Nectarine Assorted Jelly Choice of Milk	August 13, 2015 MAPLE PANCAKES Orange Juice Fresh Banana Choice of Milk	August 14, 2015 MINI WHEATS LITTLE BITES Graham Crackers Apple Juice Fresh Plum Choice of Milk
August 17, 2015 FROSTED FLAKES (LOW SUGAR) Animal Grahams Apple Juice Raisins Choice of Milk	August 18, 2015 WAFFLES Orange Juice Pineapple Tidbits Syrup Choice of Milk	August 19, 2015 APPLE JACKS REDUCED SUGAR Graham Crackers Blended Fruit Juice Fresh Plum Choice of Milk	August 20, 2015 EGG & CHEESE SLIDER Apple Cherry Juice Fresh Peach Ketchup Choice of Milk	August 21, 2015 MOZZARELLA STRING CHEESE Apple Muffin Grape Juice Fresh Banana Assorted Jelly Choice of Milk
August 24, 2015 FROOT LOOPS REDUCED SUGAR Apple Breakfast Square Blended Fruit Juice Raisins Choice of Milk	August 25, 2015 BREAKFAST BURRITO Grape Juice Diced Peaches Taco Sauce Choice of Milk	August 26, 2015 STRAWBERRY BANANA YOGURT Blueberry Muffin Apple Cherry Juice Fresh Nectarine Assorted Jelly Choice of Milk	August 27, 2015 MAPLE PANCAKES Orange Juice Fresh Banana Choice of Milk	August 28, 2015 MINI WHEATS LITTLE BITES Graham Crackers Apple Juice Fresh Plum Choice of Milk
August 31, 2015 FROSTED FLAKES (LOW SUGAR) Animal Grahams Apple Juice Raisins Choice of Milk	September 1, 2015	September 2, 2015	September 3, 2015	September 4, 2015

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** USDA is an equal opportunity provider and employer.

HEAD BACK TO SCHOOL WITH SOME FUN VEGGIE FACTS!

- Bell peppers are usually sold green, but they can also be red, purple or yellow.
- California produces almost all of the broccoll sold in the United States.
- A horn worm can eat an entire tomato plant by itself in one day!





AUGUST 2015

Lunch

NSAA/Norton Campus Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
August 3, 2015	August 4, 2015	August 5, 2015	August 6, 2015	August 7, 2015
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
August 10, 2015	August 11, 2015	August 12, 2015	August 13, 2015	August 14, 2015
NO SCHOOL	TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Mayonnaise PIZZA DIPPERS Marinara Dipping Sauce Pineapple Tidbits Salad Bar Selections Mixed Greens Salad Red Peppers Broccoli Florets Jicama Sticks French Dressing Choice of Milk	GRILLED CHEESE PANINI CHICKEN TENDERS W/SWEET POTATO PUFFS Fresh Banana Salad Bar Selections Mixed Greens Salad Black Eyed Peas Onions Diced Tomatoes Light Ranch Dressing Ketchup BBQ Sauce Tortilla Chips Choice of Milk	CRISPY CHICKEN FILLET Hamburger Bun TACO ENTREE SALAD Shredded Cheddar Cheese Tortilla Chips Fresh Peach Salad Bar Selections Mixed Greens Salad Garbanzo Beans Pickle Chips Cucumber Coins Thousand Island Dressing Choice of Milk	CHEESE PIZZA BBQ CHICKEN Hamburger Bun Mixed Fruit Cup Salad Bar Selections Mixed Greens Salad Cauliflower Florets Fresh Zucchini Coins Carrot Sticks French Dressing Choice of Milk
August 17, 2015	August 18, 2015	August 19, 2015	August 20, 2015	August 21, 2015
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Diced Peaches Salad Bar Selections Mixed Greens Salad Carrot Sticks Crunchy Celery Sticks Jicama Sticks Light Ranch Dressing Mini Wafer Choice of Milk	GRILLED CHEESE PANINI HOT DOG Hot Dog Bun Diced Peas Salad Bar Selections Mixed Greens Salad Broccoli Florets Jicama Sticks Red Peppers French Dressing Ketchup Mustard Choice of Milk	TURKEY AND CHEESE ON WHOLE WHEAT BREAD WG CHICKEN NUGGETS WITH POTATO ROUNDS Fresh Nectarine Salad Bar Selections Mixed Greens Salad Black Beans Pickle Chips Fresh Grape Tomatoes Light Ranch Dressing Mustard Ketchup WG Pretzel Choice of Milk	MINI CORN DOGS & CHICKEN FUN MIX TACO ENTREE SALAD Tortilla Chips Shredded Cheddar Cheese Fresh Plum Salad Bar Selections Mixed Greens Salad Black Eyed Peas Onions Cucumber Coins Thousand Island Dressing BBQ Sauce Ketchup Taco Sauce Choice of Milk	HAMBURGER W/POTATO ROUNDS Hamburger Bun PEPPERONI PIZZA Pineapple Tidbits Salad Bar Selections Mixed Greens Salad Fresh Zucchini Coins Cauliflower Florets Carrot Sticks French Dressing Ketchup Mustard Choice of Milk
August 24, 2015	August 25, 2015	August 26, 2015	August 27, 2015	August 28, 2015
POPCORN CHICKEN TURKEY AND CHEESE ON WHOLE WHEAT BREAD Diced Peas Salad Bar Selections Mixed Greens Salad Crunchy Celery Sticks Carrot Sticks Jicama Sticks Light Ranch Dressing BBQ Sauce Choice of Milk	TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Mayonnaise PIZZA DIPPERS Marinara Dipping Sauce Pineapple Tidbits Salad Bar Selections Mixed Greens Salad Red Peppers Broccoli Florets Jicama Sticks French Dressing Choice of Milk	GRILLED CHEESE PANINI CHICKEN TENDERS W/SWEET POTATO PUFFS Fresh Banana Salad Bar Selections Mixed Greens Salad Black Eyed Peas Onions Diced Tomatoes Light Ranch Dressing Ketchup BBQ Sauce Tortilla Chips Choice of Milk	CRISPY CHICKEN FILLET Hamburger Bun TACO ENTREE SALAD Shredded Cheddar Cheese Tortilla Chips Fresh Peach Salad Bar Selections Mixed Greens Salad Garbanzo Beans Pickle Chips Cucumber Coins Thousand Island Dressing Choice of Milk	CHEESE PIZZA BBQ CHICKEN Hamburger Bun Mixed Fruit Cup Salad Bar Selections Mixed Greens Salad Cauliflower Florets Fresh Zucchini Coins Carrot Sticks French Dressing Choice of Milk
August 31, 2015	September 1, 2015	September 2, 2015	September 3, 2015	September 4, 2015
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Diced Peaches Salad Bar Selections Mixed Greens Salad Carrot Sticks Crunchy Celery Sticks Jicama Sticks Light Ranch Dressing Mini Wafer Choice of Milk				

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