

INLAND EMPIRE LOW FEE COUNSELING REFERRALS

County of San Bernardino Department of Behavioral Health Service Directory.....(909) 381-2420

<http://www.sbcounty.gov/dbh/>

Provides screenings and referrals to the entire system of care including fee-for-service, contract and department of behavioral health providers. Offers telephone service with professional counselors for behavioral health clients, families and providers.

Phoenix Services/County of San Bernardino Department of Behavioral Health.....(909) 387-7200

820 E. Gilbert Street

San Bernardino, CA 92415

Services offered: Medication Services. Services are also available to Spanish speaking and hearing impaired clients.

Fee: Sliding scale and MediCal.

Family Service Association

<http://fsaca.org/>

Moreno Valley Clinic

21250 Box Springs Rd., Suite 106, 2015

Moreno Valley, CA 92557

M-Th 8:00 am – 9:00 pm

Fri. 9:00 am – 5:00 pm

(951) 369-8036

Riverside Clinic at YMCA

8172 Magnolia Ave.

Riverside, CA 925054

Mon& Tues 12-9 Wed & Thurs 8-9

Fridays 8-12

(951) 509-8733

San Bernardino Clinic

Center for Families & Community Services

472 N. Arrowhead Ave,

San Bernardino, CA 92401

(909) 888-2100

Services Offered: Individual, couples and family counseling and anger management and parenting classes.

Fee: Sliding scale.

The Community Counseling Center-- Department of Psychology of CSUSB.....(909) 537-5569

Services Offered: Low-cost or free counseling service to individuals from the community.

Counseling Services – Catholic Charities.....(909) 763-4970

San Bernardino and Riverside Counties.....FAX...(909) 763-4977

<http://www.ccsbriv.org/home.html>

1441 North "D" Street

San Bernardino, CA 92405

Services Offered: individual, couple, and family counseling services. Parent education, adult/teen anger management co-parenting programs. Services are provided in English and Spanish. Fee: Sliding scale.

Loma Linda University Social Action Community Health System (SACHS)

Locations:

- **Norton AFB – 1455 East Third Street, San Bernardino, CA 92408.....(909) 382-7100**
- **Arrowhead – 1455 East Third Street, San Bernardino, CA 92408.....(909) 381-1663**
- **Frazee – 488 South K Street, San Bernardino, CA 92410.....(909) 383-8092**

Services offered at Norton AFB: Care for acute and chronic illnesses, mental health services (individual, couples, family counseling, outpatient drug and alcohol program and PCIT (Parent Child Integrated Training) program for parents of children ages (0-5), dental care, physical, occupation, and speech therapy, prenatal care and other women's services, immunization, health promotion and preventive care, specialized care for HIV/AIDS. Bilingual services available.

Fee: Sliding scale, MediCal, Medicare, IHP, Molina and MIA. <http://llu.edu/llu/sachs/>

INLAND EMPIRE LOW FEE COUNSELING REFERRALS Cont.

Loma Linda University Department of Psychology – Psychological Services Clinic.....(909) 558-9500

1686 Barton Rd.

Redlands, CA 92373

Services Offered: Psychological assessment of children, adolescents, students, adults, couples, families, and seniors, supported by appropriate therapy. Formal consultation, feedback, treatment planning, and written reports support the professional services. Fee: Sliding scale. <http://www.llu.edu/llu/grad/psychology/programs/clinic/>

Loma Linda University Marital and Family Therapy Clinic.....(909) 558-9500

<http://www.llu.edu/llu/grad/mfam/clinic.html>

1686 Barton Rd.

Redlands, CA 92373

Services offered: Individual couples and family therapy, Anger Management and Parenting Groups.

Fee: Sliding scale.

Christian Counseling Services.....(909) 793-1078

www.christiancounselingservice.org

51 West Olive Avenue

Redlands, CA 92373

1860 S. Mountain View Ave

Loma Linda, CA 92354

205 E. State St.

Redlands, CA 92373

Services offered: CCS is an interfaith, non-profit pastoral counseling agency serving the Inland Empire, located in Redlands, California. In addition, they have six satellite locations throughout the Inland Empire including sites in Loma Linda, San Bernardino, Colton, Yucaipa and Indio. Fees: The full rate for a single session is \$131. However, they may be able to accommodate clients and have a sliding scale and some scholarships are available. In addition, families with at risk children 0-5 may qualify for grant assistance. Please call to make an appointment and to find out your rate and scholarship options. Office hours are 9:00-5:00 Monday – Friday.

Bilingual Family Counseling Service, Inc.....(909) 986-7111

<http://bfcsinc.org>

317 West "F" Street

Ontario, CA 91762

Services offered: Individual, family and couples counseling, school-based counseling, anger management groups and support groups for girls and drug treatment programs. Services offered in both English and Spanish. Office hours are 9:00 am -8:00 pm, M-Th and are closed on Friday. Note: Clients must have children to qualify for services.

Clear View Treatment Center.....(909) 798-6200

1902 Orange Tree Lane Suite 200

Redlands, CA 92374

Services: Individual and family therapy specializing in treating depression, bipolar disorder, anxiety, sexual abuse, ADHD, stress-related mental health challenges, parenting, GBLT and women's issues. The Center also provides outpatient alcohol and substance abuse treatment and relapse prevention counseling. Bilingual services available.

Fee: Sliding scale.

MOUNTAIN AREA LOW FEE COUNSELING SERVICES

Rim Family Services, Inc.....(909) 336-1800
28545 Highway 18
Skyforest, CA 92385-0578
On Highway 18, 50 yards west of Kuffel Canyon

Services offered: Individual and family counseling services, substance abuse education and treatment, anger management classes, smoking cessation program, strengthening family programs, trauma recovery, Outpatient Teen substance abuse program, and court ordered programs – DUI and PC1000.

<http://www.rimfamilyservices.org>

EMERGENCY AND INPATIENT SERVICES

Community Hospital of San Bernardino, Behavioral Health Services.....(909) 806-2306
http://www.chsb.org/Medical_Services/CSA_M030181 ext. 3900

1805 Medical Center Drive
San Bernardino, CA 92411

Programs include the Adult Inpatient Program, Psychiatric Medical Program, Partial Hospitalization Program, and an Involuntary Adult Inpatient Program.

Community Hospital of San Bernardino, Behavioral Health Services.....Referral Hotline: 800-962-HELP
Provides 24-hour confidential information and referral hotline, provides information on inpatient and outpatient screenings, crisis intervention services, personal interviews, community referrals, psychiatric nursing assessments and 5150 screenings and evaluations.

Arrowhead Regional Medical Center (ARMC).....(909) 580-1000
TDD for the Deaf and Hard of Hearing : 24 hours a day/7 days a week.....(888) 743-1481

<https://www.arrowheadmedcenter.org/home.aspx>

Emergency Psychiatric Unit..... (909) 580-100 or (877) 873-2762

400 N. Pepper Avenue
Colton, CA 92324

The Arrowhead Behavioral Health Center provides in-patient psychological treatment for children and adults. People in crisis and suffering chronic psychiatric disorders, such as severe depression, anxiety disorders, schizophrenia and other mental health problems are helped.

County of San Bernardino Department of Behavioral Health.....(909) 421-9342

<http://sanbernardino.networkofcare.org/mh/emergency.cfm>

For Emergency Walk-In Mental Health Services After Hours, visit the:

Extended Hours Triage (for Adults 18 and older only)

Behavioral Health Resources Center (BHRC)

850 E. Foothill Boulevard
Rialto, CA 92376

Walk-In Hours of Operation: Monday through Friday 8:00 a.m. – 10:00 p.m. Saturday 8:00 a.m. – 5:00 p.m. Open Holidays 8:00 am – 5:00 p.m

EMERGENCY AND INPATIENT SERVICES cont.

Loma Linda University Behavioral Medicine Center.....(800) 752-5999 or (909) 558-9275
1710 Barton Road
Redlands, CA 92373

Services Offered: Senior Psychiatry Program, Youth Program, Eating Disorder Program, Chemical Dependency Program (inpatient detoxification, inpatient rehabilitation, outpatient full-day hospital, outpatient partial-day hospital, evening outpatient, continuing care, chronic pain and medication dependency program and dual diagnosis), intensive outpatient—child, adolescent, and adult, a 5150 designated facility, involuntary child, adolescent, adult and senior care, and rapid stabilization tract for adults. Email to: hshah@llu.edu

